

DEPARTMENT OF HEALTH AND HUMAN SERVICES

Division of Public and Behavioral Health

Helping people. It's who we are and what we do.



BEHAVIORAL HEALTH PLANNING AND ADVISORY BOARD (BHPAC) MEETING MINUTES July 19, 2022 1:00 pm to Adjournment

The meeting will be held using remote technology in compliance with *Nevada Revised Statutes* 241.023.

 Call to order/roll call – Chair Members Present:

Ali Jai Faison, Ariana Saunders, French DaFinone, Dr. Mavis Major, Dr. Pearl Kim, Anna Marie Binder, Misty Shore, John Clark, Jeannie Hau, Drew Skeen, Char Frost

Members Absent:
Garrett Hade(excused)
DeeDee Parker(excused)
Sean O'Donnell
Marshal Hernandez
Ana Binder

Guests:

Abagail Bailey, Artesia Graham, Lea Tauchen, Tami Allen, Linda Lang, Jennifer Witten, Sarah Adler, Trey Dunlap, Kadie Zeller, Tray Abney

- **2.** Public comment: There was none
- Approve Minutes from Behavioral Health Planning and Advisory Council (BHPAC) Meeting on February 15, 2022. Vote to approve minutes motioned by Misty Shore, second by Jill Fisher, vote Passed. Dr. Freeman abstained due to absence at last meet.
- 4. Welcoming of New Council Members and Self-Introduction of New Members to BHPAC, their positions, and their reasons for joining BHPAC. Chair Faison calls on each new member. John Clark states he is serving as a member of the public from Southern Nevada with chronic mental illness. In my youth I struggled with substance abuse. I feel that I am an exception. I sought treatment on my own several years ago which has been beneficial to me and allowed me to proceed with my life. There is a lot of people who do

not have the knowledge to seek resources and treatment. Anything I can do in my community in locating resources or promoting mental health and seeking that treatment, that's what I want to be part of. Jeannie Hua states she is a Criminal Defense Attorney in Las Vegas for more than 20 years. Currently I am working on a Fine Arts Degree at the School of Art Institute. I do suffer from depression and suicidal ideation. I also have experience with dealing with indigent clients that have substance abuse and mental health issues. I also have a Transgender Teen who also suffers from depression, anxiety, and suicidal ideation. Mr. Dafinone is a correction officer for the State of Nevada working at Tonopah Conservation Camp. He has a master's in psychology, with an emphasis in behavioral health. He is happy to be a part of this council. Ms. Fisher had difficulty with her mic and couldn't share her information. Chair Faison welcomed all new members.

5. Presentation on Solutions of Sobriety- Tammy Allen

Tammy Allen explains how and why she started her own treatment Center focusing on the Native American Community in Phoenix stating that the need was big. They started with 15 beds and rose to 130 beds in their first year. We have a hotel in Pine Top with 34 beds, a house in Flagstaff, and 30 different homes thorough out Phoenix area. We are considering operating in Nevada. We have a more cultural approach that's called Wellbriety. Using the Medicine Wheel as part of recovery. We found by adding the cultural component our 60-day retention rate in 2021 was 78%, our 120-day retention rate was 48%. We also have a program where if you complete your steps, and complete 6 months in treatment we put you through Peer Support training and then you can become part of staff. There are 9 people who graduated from the program that are working as Peer Support. We know there is opportunity in Nevada, and we would love to help brighten the community. She introduces LaRita Stevens, Coordinator for the Pine Top facility, who will talk through the Power Point. Ms. Walburn asks if it is mostly peer driven through Solutions of Sobriety or is it a spectrum of services? Ms. Allen comments that it is the whole spectrum. In Phoenix we have 2 licensed phycologists nurse practitioner, we have a Licensed Associate Substance Abuse Counselor (LASAC), an adolescent therapist and in process of opening a clinic. Mr. Dafinone asks if they can bring this to the prison. Ms. Allen claims that we work with Federal pretrial and with regular probation. We have Case managers to work with probation. We have a contract where inmates can go through the program for 60 days instead of doing time. If they don't complete the program, they must complete their sentence. Ms. Allen states she was a Jail Navigator for Community Bridges. Please see presentation on recording. Ms. Stevens comments that Wellbriety is the wellness of one and their sobriety. It is an affirmation of physical, emotional, relational, and spiritual health. By encompassing that within our walk of recovery we are bringing to our indigenous people who are in our care a cultural and language component. Yes, we work with courts and jails. We want to help our families to reunite with again, especially if they are coming out of prison. There is a component of Wellbriety called the Warrior Down or the recovery coach program who will go into the prison to help that person navigate once they are released and come into our care, we will continue with them on the Red Road to Wellbriety. This mirrors the 12 steps of A.A. Members are invited to view this link. http://www.churchillcoalition.com/events/powwow22/

- **6.** Rural Monitoring, Legislative, and Nominating Subcommittees and the current leadership, membership, status and plans to begin meetings/activities- Ariana Saunders
 - Promotion is on its way
 - Legislative and Rural need assembly
 - Rural committee is to focus on our rural communities in terms of lack access to behavioral health and resources
 - Promotion committee focuses on how we can promote access to care
 - The Legislative committee is focused on monitoring any new legislation and how we can support bills are draft proposals
 - The Nominating committee is focused on filling vacancies and meeting quorum to be a more effective committee
 - Rural Committee Chair is Dana Dr. Kim Co-Chair
 - Promotions Committee Chair is Dr Mavis.
 - Legislative Subcommittee members Dr. Kim, Ariana Saunders Dr. Major Chair
 - Bylaws committee has been disbanded for now
- 7. Update from Promotions Subcommittee- Mavis Major

Ms. Major states that this subcommittee is trying to establish its roles and that quorum was not meet last meeting. There are so many awareness activities where we can facilitate conversation and access. Care Coalition reached out to us, they wanted to promote materials and awareness handouts, they are wondering if we can help with funding. Chair Faison stated that inquiries regarding the funds for BHPAC are being investigated. Ms. Major mentioned that Care Coalition mentioned a Televised spot that could be shared with them. Chair Faison states that we will find out if there is a cap on expenditures and how to submit requests for funding projects.129.19.

- **8.** Discuss future agenda items:
- 9. Discuss future meeting dates:
- **10.** Public Comment

(Action may not be taken on any matter brought up under this agenda item until scheduled on an agenda for a later meeting)

No public comment

11. Adjournment – Chair Faison